



MANAV STHALI SCHOOL

R Block, New Rajendra Nagar, New Delhi – 110060

Monthly Flash...!

Nov 2025

“Childhood is about innocence and playfulness. It is about joy and freedom.

Happy Children's Day!”

To begin with, Manav Sthali School successfully organised a two-day Youth Summit'25 under the aegis of the Ministry of Parliamentary Affairs, Government of India, in alignment with the National Youth Parliament Scheme, with the objective of cultivating democratic values, responsible citizenship and leadership among students. The occasion was graced by Dr. Arti Chawla, esteemed Municipal Councillor (Ward No. 141, Rajendra Nagar), Dy. Chairperson Special (Law and General Purposes) Committee, as the Chief Guest.

Furthermore, Children's Day was observed with engaging and fun-filled activities, making the day enjoyable and special for the students.

To commemorate Rashtriya Ekta Diwas, a unity pledge was administered, reaffirming the students' commitment to national integration, harmony and collective responsibility towards the nation.

As part of academic enrichment, under the Mindful Monday initiative, students engaged in spell-check tasks, hands-on mathematics activities and interactive science experiments, encouraging both creativity and critical thinking.

In the area of environmental awareness, the MSS Eco Club completed QR coding of campus plants to support digital awareness and environmental learning. The students also explored the 3-D concept of conic sections to enhance their understanding of geometric structures.

Moreover, Online Session on “Disaster Management Preparedness” was held for the parents, wherein they were informed about the detailed action plan and procedures to be adopted in any emergency situation.

The school organised English and Mathematics Olympiads as well as to encourage academic rigour and competitive spirit amongst the students.

Alongside this, an Intra-School Moot Court was organised, providing students a platform to develop leadership, diplomacy and public-speaking skills.

Also, in view of the deteriorating AQI in Delhi, classes were conducted in hybrid mode to ensure safety and well-being of the students.

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Classroom Activities



Rashtriya ekta diwas pledge
taken by 8F

Rashtriya Ekta Diwas Pledge



8F Mindful Monday Activity

Mindful Monday Activity



Weekly Dictation



Trying to make story using scratch Jr

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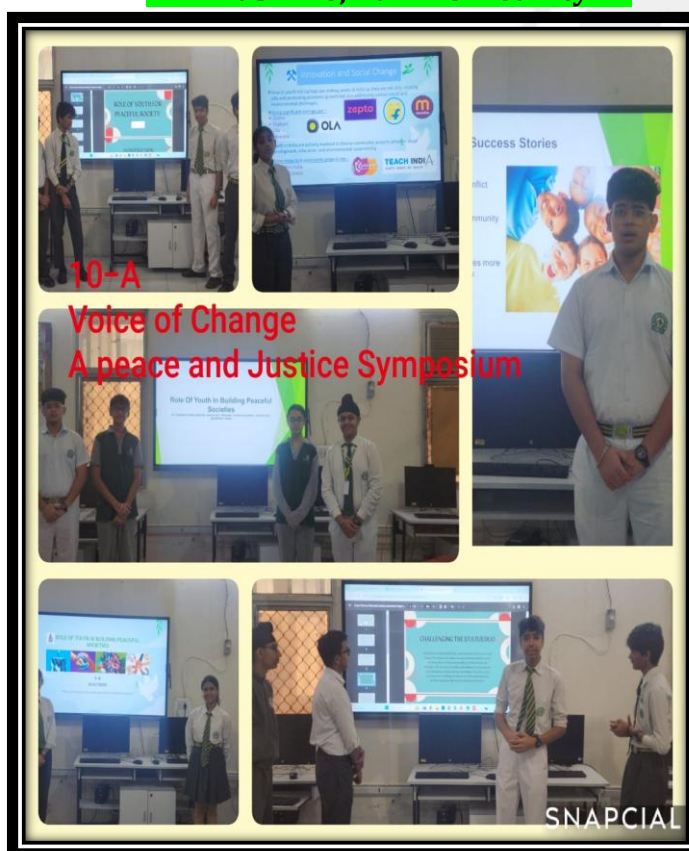
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"Push Me, Pull Me" Activity



Fun-filled Zumba Activity



Peace and Justice Symposium



**"Mool Mantar" Recitation on the occasion of
Guru Nanak Dev Ji's Birthday.**

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Life skill Activity-Push Away – Pull Close



Class 5 IPC students learning and experiencing air resistance and gravity using parachutes

Parachutes craft to learn about Air Resistance



Discussion on Use of Social Media



Concept of buoyancy and density

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Fun with Friction



MSS YOUTH SUMMIT-DAY-1



Newton's 3 laws of motion



Poster making competition

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150
YEARS OF
VANDE MATARAM
Grand Celebrations



Singing Vande Mataram Song



Craft of Origami



Road Safety Booklet



गतिविधि - एक दिन की बादशाहत

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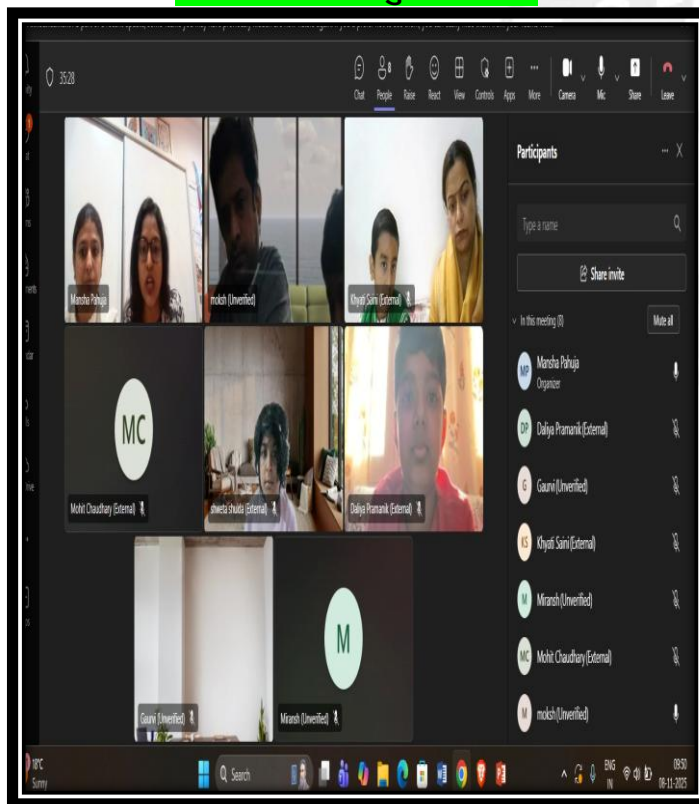
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रोचक गतिविधि- गुरुत्वाकर्षण



International Day against Violence and Bullying



Online Session with the parents, apprising them about the action plan in case of an emergency

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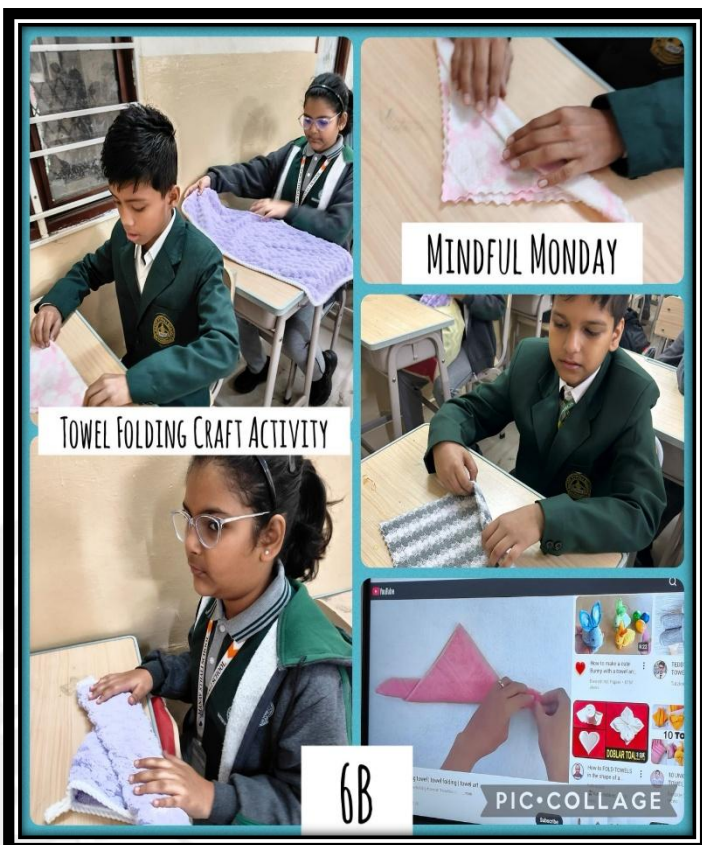


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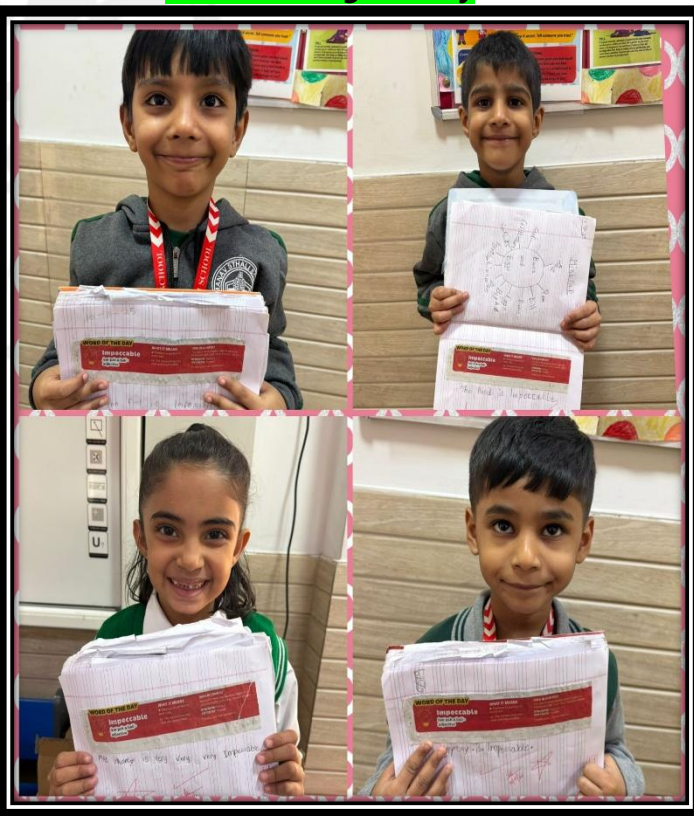
Activity - Static Electricity



Towel Folding Activity



Practising Asanas



Sentence Making Activity

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Poetry Recitation



छात्रों द्वारा गोल रोटी बनाने का स्वयं अनुभव



QR coding for plants in campus done by MSS Eco club



3D concept of Conic sections

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Difference between Apparent Capacity and Actual Capacity

Exploring Up thrust



Friction in Action

Maths Olympiad, IMO

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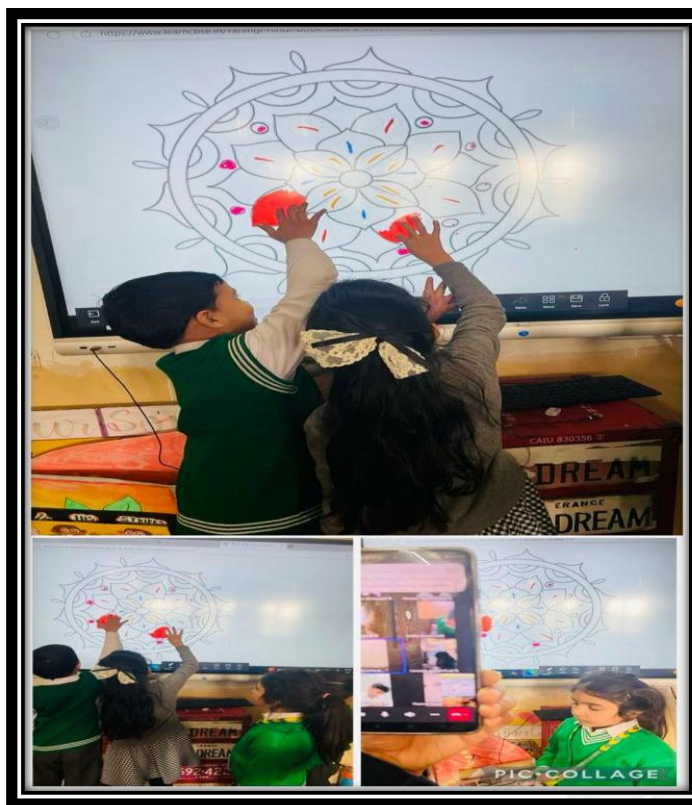


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रंग-बिरंगी रंगोली गतिविधि



Visual Art



Fashion Studies



Children's Day Activity

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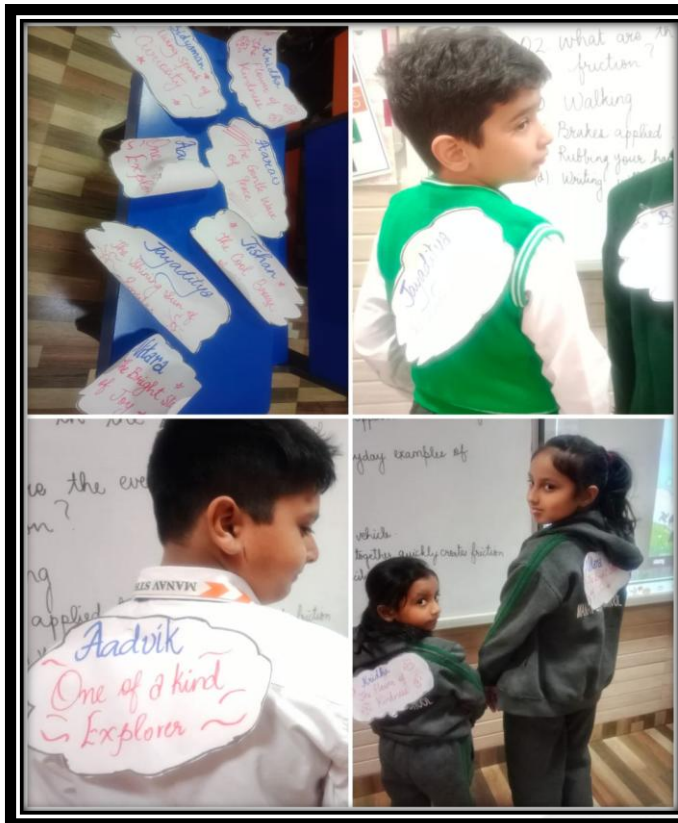
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Surprise Titles



Children's Day Celebration



"Memory Lane Collage Activity"



Community Lunch

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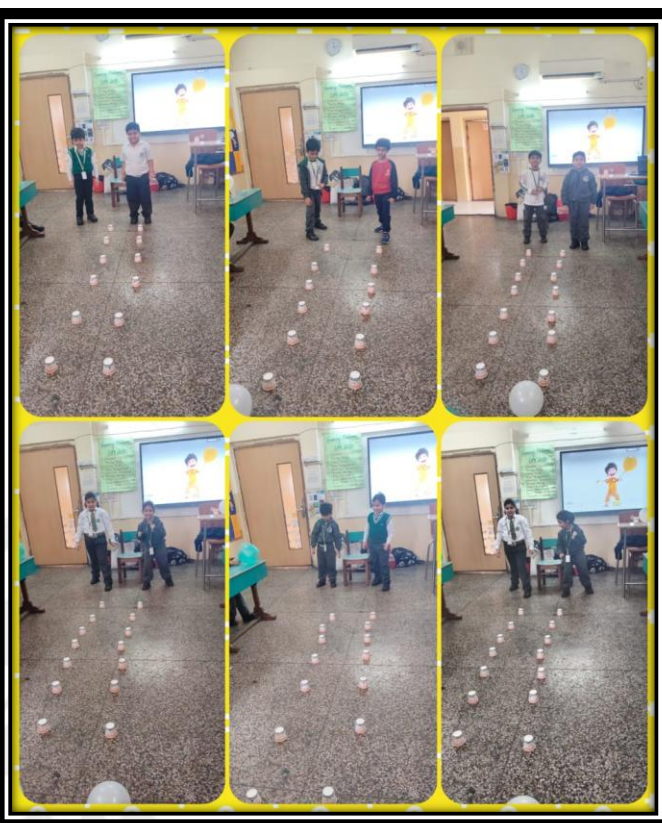


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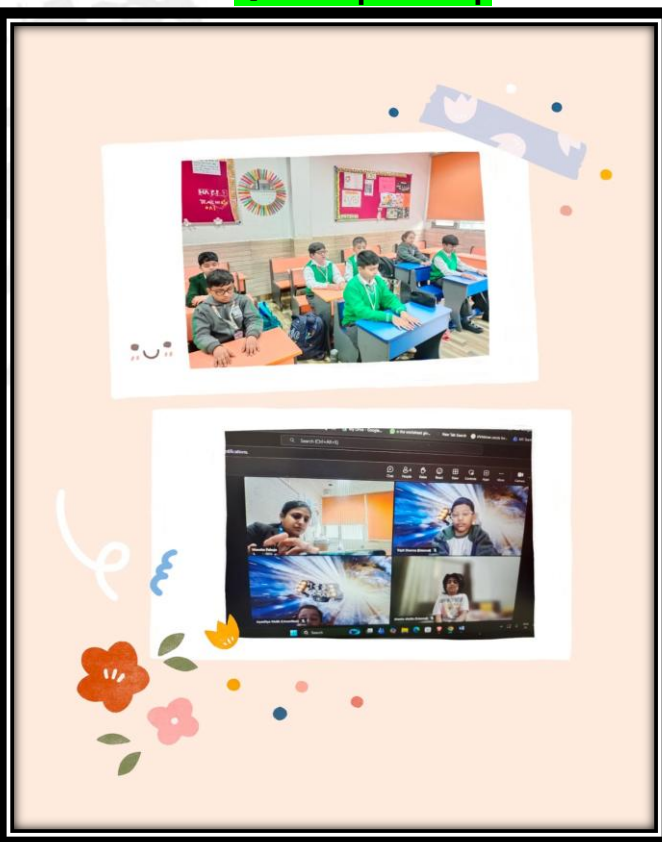
Cup Stacking Challenge



Quick Cup Line-Up



Balloon Cup Tower Challenge



Activity on Self-Reflection

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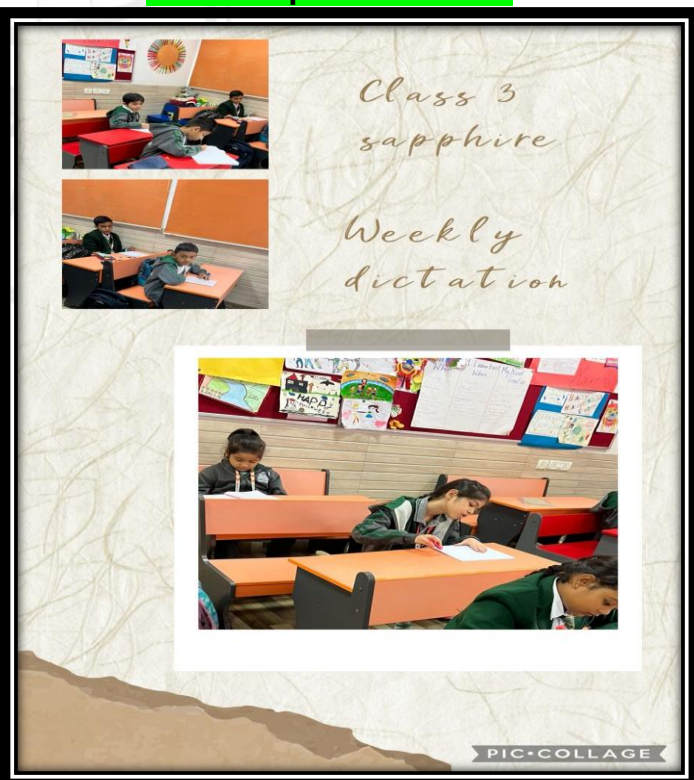
लेखन कौशल



Science Experiment Online



World Vision Session



Weekly Dictation

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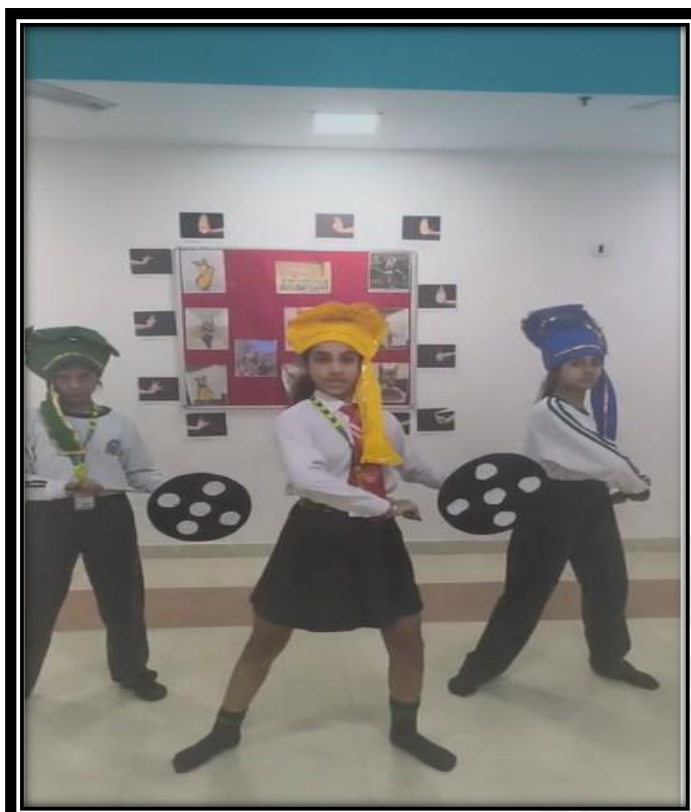


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Celebrating Birth Anniversary of Queen Rani Laxmi Bai



Yoga Class



Road Safety Activity



Manavta Activity

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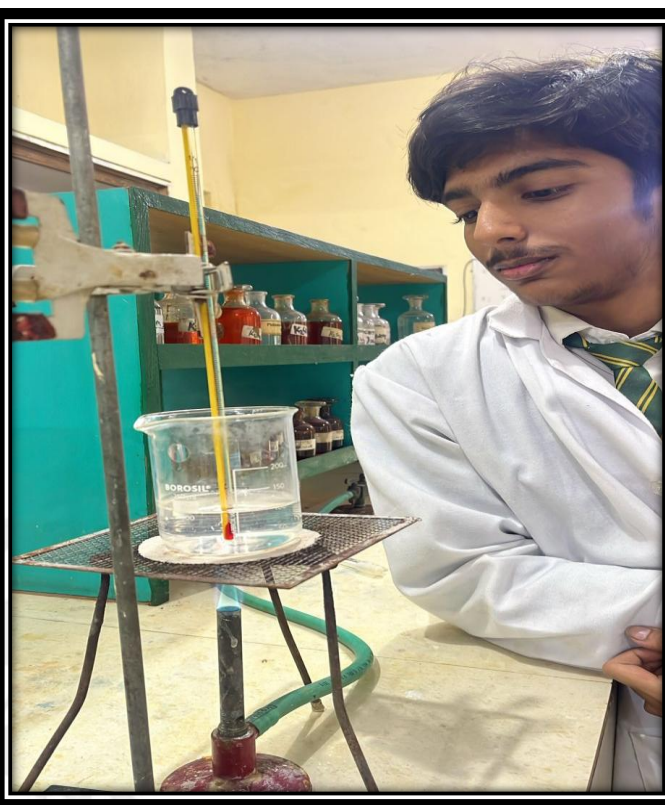


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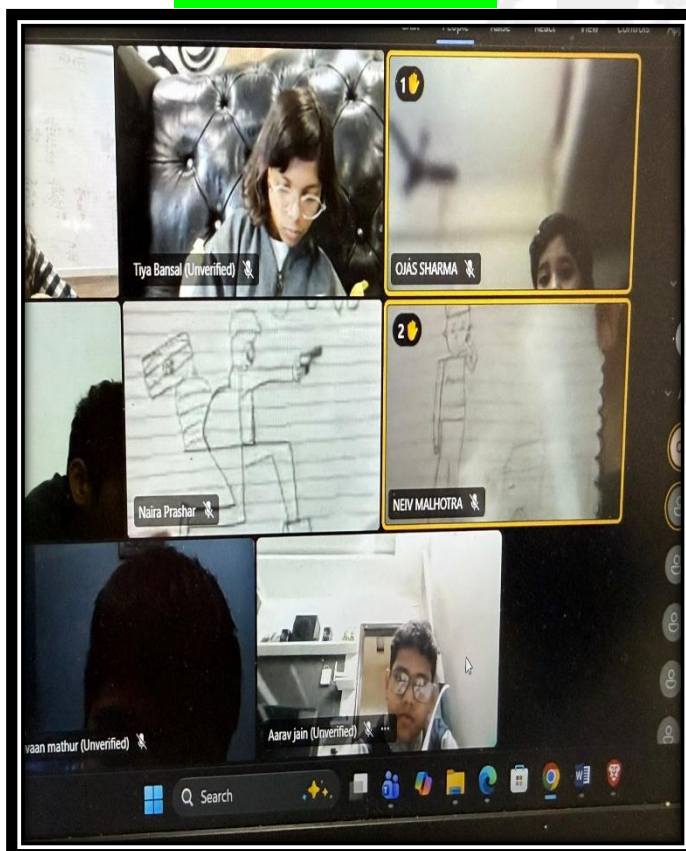
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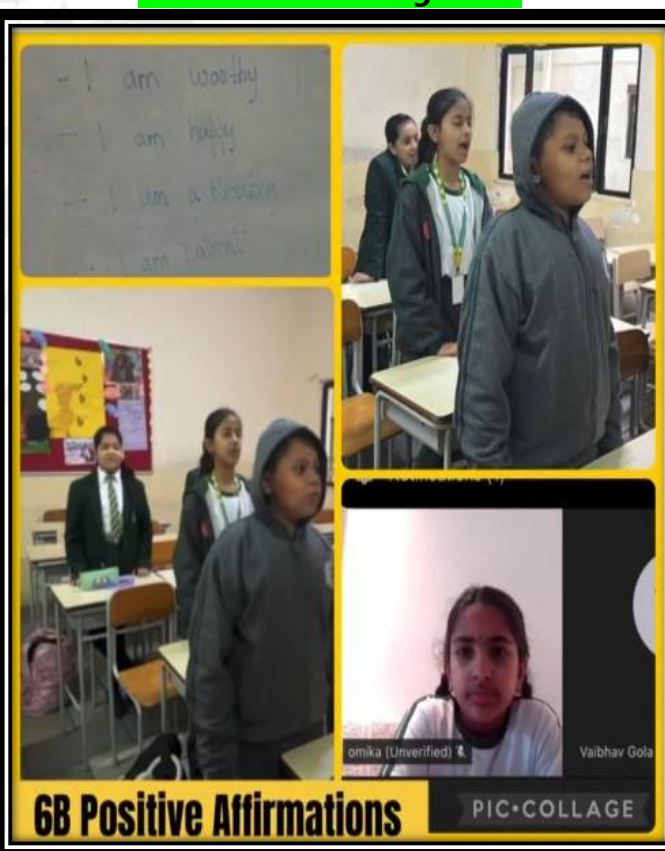
Fun Indoor Activities



Elevation of Boiling Point



Enriching and Fun Online Classroom Games



Positive Affirmations

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Air Resistance Activity



Activity- 'Tell Me Anything' Box



Exhibition of Waste Management



Comet making Session

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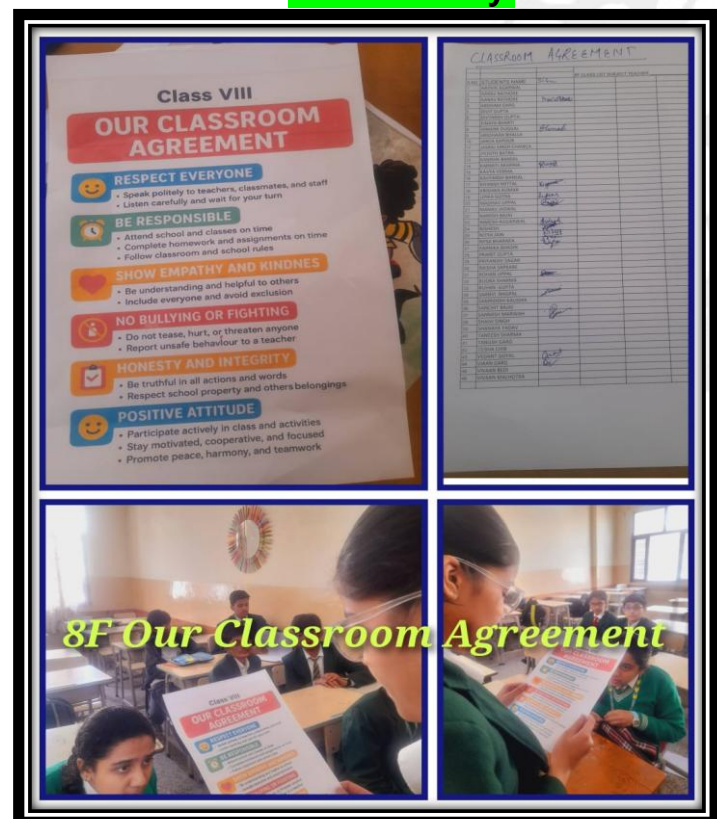
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VR Kit Activity



Circle Time



Classroom Agreement



Students experiencing Magnetism

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Enhancement Classes



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Intra Moot Court



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Visits and Competitions



The Bar Room Challenge



Impressions at BIS



IGNCA to view Salwan Exhibition



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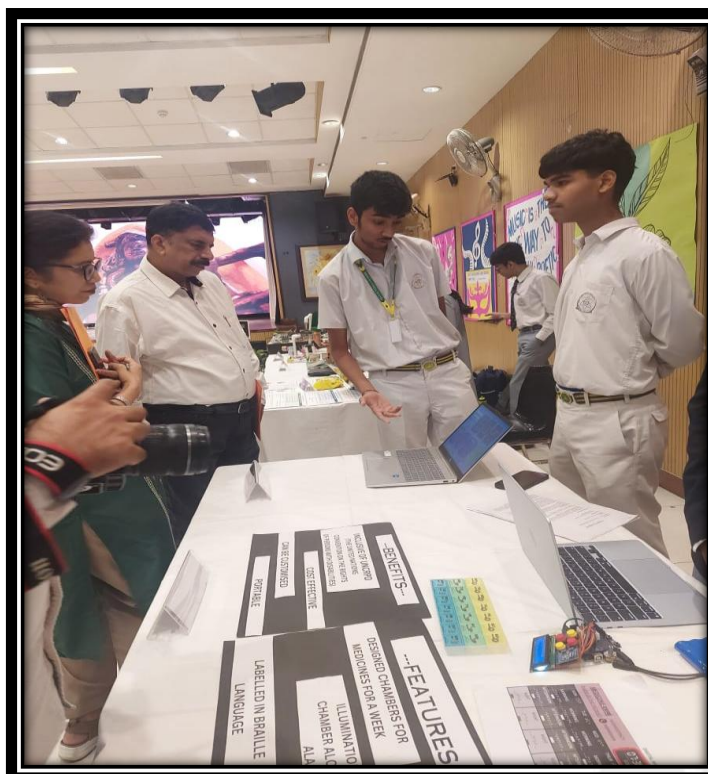


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Students presenting their Innovation Project at Navachar, Bal Bharti School



Ad Fiesta at BIS



CBSE District Level English Extempore

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Visit to Indira Gandhi National Centre for Arts



Poster Making Competition held at INTACH



Storytelling Workshop by INTACH



German Competition

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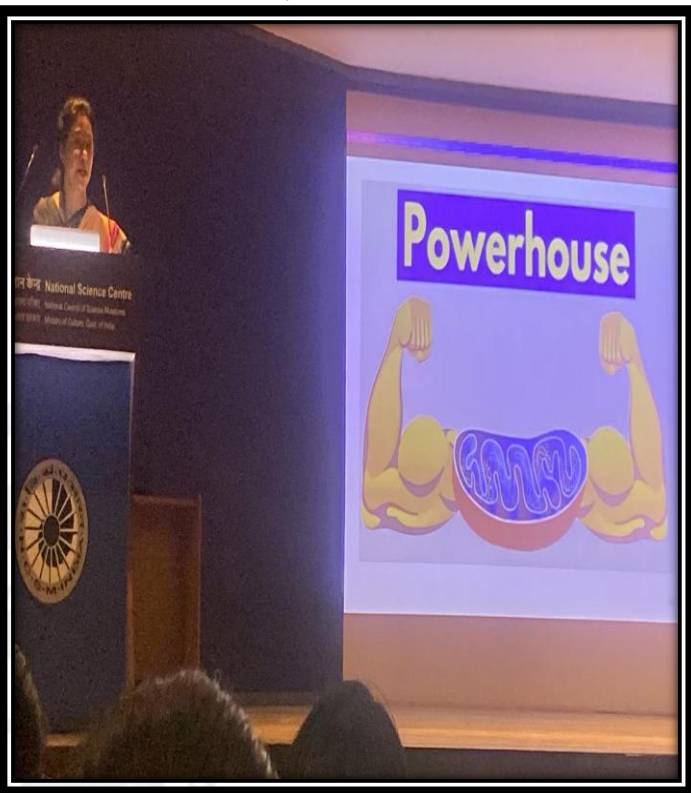
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Seminars and Workshops



Workshop on Stem Cell and Regenerative Medicine at National Science Centre



Road Safety Seminar at India International Centre



Hub and Spoke School Meeting

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Camel Arts and Crafts Teachers Meet



French Workshop



CBP on Elementary Science

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Press Coverages



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PRESS COVERAGE



दैनिक जागरण

Saturday, November 1, 2025

www.jagran.com

जागरण सिटी दिल्ली

संस्कारशाला में बच्चों ने सीखी संवेदना और सामाजिक जुड़ाव की सीख



जगमग संवाददाता, नई दिल्ली : दैनिक जागरण के संस्कारशाला के अंतर्गत राजेंद्र नगर स्थित मानव स्थली पब्लिक स्कूल में सजीव और प्रेरणादायक गतिविधि का आयोजन किया गया। इस कार्यक्रम का उद्देश्य बच्चों में सामाजिक कौशल, सहानुभूति और मानवीय मूल्यों का विकास करना था। विद्यालय के सभाशाला में जब यह कहानी शुरू हुई, तो विद्यार्थी पूरी तल्लीनता से कहानी सुन रहे थे जैसे हर शब्द उनके मन में उतर रहा हो। कार्यक्रम में हिंदी शिक्षिका रविंद्र कौर ने सामाजिक कौशल को



राजेंद्र नगर स्थित मानव स्थली स्कूल में दैनिक जागरण संस्कारशाला कार्यक्रम में छात्रों का भाग लेना

मुझे कहानी से समझ आया कि दूसरों से जुड़ना डरने की बात नहीं, बल्कि खुशी देने वाली बात है। - प्रियांशी, कक्षा सात
हम सब मिलकर काम करते हैं, तो मुश्किल काम भी आसान लगने लगते हैं। - अद्विगुप्त, कक्षा सात
आज की तरह हमें भी दूसरों से बात करने और मदद करने की आदत डालनी चाहिए। - खनक, कक्षा छह

सामाजिक कौशल हमें बेहतर इंसान बनाते हैं, सिर्फ अच्छे छात्र नहीं। - खन्ना, कक्षा छह
अब मैं भी स्कूल की गतिविधियों में ज्यादा भाग लेने जाऊंगी और टीम वर्क करूंगी। - मान खन्ना, कक्षा छह
यह कहानी हमें सिखाती है कि शिक्षा का असली मकसद दूसरों को समझना है। - अद्विगुप्त, कक्षा छह

आज के समय में बच्चों को केवल ज्ञान नहीं, बल्कि व्यवहार और संवेदना की भी शिक्षा देना आवश्यक है। संस्कारशाला इस दिशा में एक सकारात्मक पहल है, जो हर बच्चे के भीतर के इंसान को जगाती है। - रविंद्र कौर, शिक्षिका, मानव स्थली पब्लिक स्कूल
हमारे विद्यालय का उद्देश्य केवल शैक्षणिक उत्कृष्टता नहीं, बल्कि भावनात्मक और सामाजिक रूप से सशक्त नागरिक तैयार करना है। संस्कारशाला जैसी कहानियाँ बच्चों के भीतर मानवीयता के बीज बोती हैं, जो उनके पूरे जीवन में मार्गदर्शन करती हैं। - ममता वी. भटनागर, निदेशिका, मानव स्थली पब्लिक स्कूल



ममता वी. भटनागर



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INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025



MANAV STHALI SCHOOL

R Block, New Rajendra Nagar, New Delhi – 110060



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

हिन्दुस्तान

Friday, 7th November, 2025

कक्षाओं में लगाए एयर प्यूरीफायर

सतर्कता

नई दिल्ली, वरिष्ठ संवाददाता। प्रदूषण को देखते हुए स्कूलों ने बाहरी खेल गतिविधियों, खुले परिसर में प्रार्थना सभा से लेकर शैक्षणिक यात्रा को अस्थायी रूप से रोक दिया है। बच्चों को प्रदूषण के प्रभाव से बचाने के लिए किसी स्कूल में कक्षाओं में एयर प्यूरीफायर लगाए गए हैं तो किसी स्कूल ने प्रदूषण घटाने वाले पौधे कक्षाओं में लगाए हैं।

प्रदूषण के बढ़ते स्तर को देखते हुए कुछ स्कूल ऑनलाइन कक्षाएं संचालित करने पर विचार कर रहे हैं। मयूर विहार फेज 3 स्थित विद्या बाल



मानवस्थली स्कूल में बच्चों को प्रदूषण से बचाने के लिए कक्षाओं में एयरप्यूरीफायर लगाए गए हैं। • हिन्दुस्तान

भवन सीनियर सेकेंडरी स्कूल के प्रधानाचार्य डॉ. सतवीर शर्मा ने बताया कि इंडोर खेल गतिविधियों को शुरू किया है। साथ ही, जो छात्र अपने

अभिभावकों के साथ वाहनों से आते हैं उन्हें कारपूलिंग करने को लेकर जागरूक किया जा रहा है।

न्यू राजेंद्र नगर स्थित मानवस्थली स्कूल की प्रधानाचार्या दीप्ति ए भटनागर ने बताया कि छात्रों और अभिभावकों को प्रदूषण से बचने के लिए सलाह जारी की है। कक्षाओं में एयर प्यूरीफायर लगाए गए हैं।

छात्रों को स्कूल आते-जाते समय मास्क का उपयोग करने के लिए कहा गया है। इसी तरह, जामा मस्जिद स्थित एसबीवी नंबर एक उर्दू माध्यम के प्रधानाचार्य डॉ. गयूर अहमद ने बताया कि प्रदूषण से बचने के लिए कक्षाओं में इस तरह के पौधे लगाए जा रहे हैं जो प्रदूषण को कम करते हैं।

न्यू राजेंद्र नगर स्थित मानवस्थली स्कूल की प्रधानाचार्या दीप्ति ए भटनागर ने बताया कि छात्रों और अभिभावकों को प्रदूषण से बचने के लिए सलाह जारी की है। कक्षाओं में एयर प्यूरीफायर लगाए गए हैं।

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PRESS COVERAGE

HINDUSTAN TIMES

Friday, 14th November, 2025

Manav Sthali School, R Block, New Rajendra Nagar, hosts annual inter-school sports fest

NEW DELHI: Manav Sthali School, R Block, New Rajendra Nagar, hosted the third edition of its annual inter-school sports festival titled Sportify. The event saw participation from over 70 reputed schools and 1,500 students across Delhi-NCR

Aligned with the theme of Manifestations 2025 & the UN Sustainable Development Goals – SDG 3 (Good Health and Well-Being), SDG 4 (Quality Education), and SDG 17 (Partnerships for the Goals), the fest promoted holistic development through eight sports: basketball, skating, table tennis, shooting, golf, carrom, yoga, and chess. Organised under the guidance of director-chairperson Mamta V. Bhatnagar, the event reflected her vision of nurturing discipline and sportsmanship. The prize distribution ceremony was graced by Dhanraj Choudhary, who commended the



The sports fest saw participation from 1,500 students across Delhi-NCR

school's efforts in promoting youth engagement through sports.

A Special Trophy for Maximum Participation and a ₹21,000 cheque for the Highest Overall Score were awarded to Bhatnagar International School, Paschim Vihar. Under the leadership of principal Dipti A. Bhatnagar, the event ended with gratitude and an inspiring message of wellness, sustainability, & true sportsmanship.

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PRESS COVERAGE



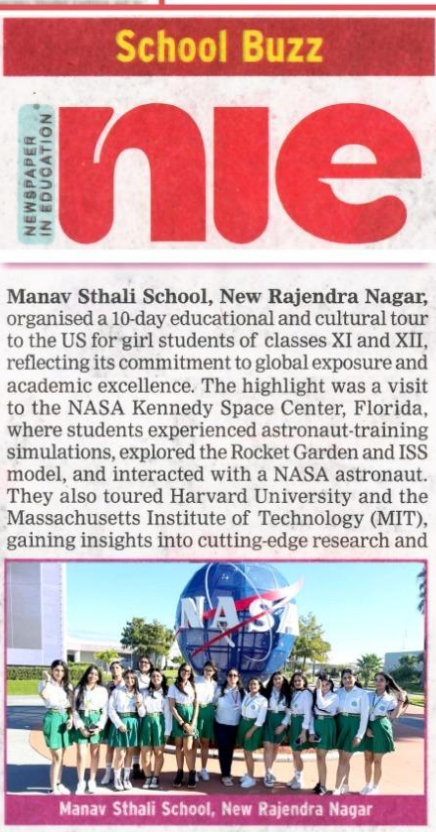
THE TIMES OF INDIA

Wednesday, 19th November, 2025



School Buzz

Manav Sthali School, New Rajendra Nagar,
organised a 10-day educational and cultural tour to the US for girl students of classes XI and XII, reflecting its commitment to global exposure and academic excellence. The highlight was a visit to the NASA Kennedy Space Center, Florida, where students experienced astronaut training simulations, explored the Rocket Garden and ISS model, and interacted with a NASA astronaut. They also toured Harvard University and the Massachusetts Institute of Technology (MIT), gaining insights into cutting-edge research and



School Buzz

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PRESS COVERAGE

HINDUSTAN TIMES

Friday, 28th November, 2025

SCHOOL REPORTS

Sudhanshu of Manav Sthali School, New Rajinder Nagar, shines bright in international TT tournaments

NEW DELHI: Class 12 student Sudhanshu Maini of Manav Sthali School, New Rajinder Nagar, made his institution proud by attaining an impressive world rank 22 in the U-17 table tennis boys singles category, as per the latest World Table Tennis Rankings. Under the guidance of its Director Mamta V Bhatnagar and Principal Dipti A Bhatnagar, the school proudly celebrated the outstanding achievement of Sudhanshu, who has achieved an extraordinary global milestone, bringing immense honour and recognition to the institution.

The exceptional feat reflects his rigorous practice, determination, and ability to perform consistently at a world-class level. Demonstrating consistent excellence throughout the year, Sudhanshu secured three gold medals in international tournaments, each reinforcing his strong competitive edge and confidence on the global stage.

His remarkable performances elevated him to top global positions — currently standing 22nd in U-17 and 47th in U-19 boys singles, following two bronze medals at the WTT Youth Contenders in Perth and Venezuela.

Those back-to-back achievements highlight his maturity, mental resilience, and adaptability.

Sudhanshu also won a medal in the mixed doubles event at the Perth



Sudhanshu Maini, left, attained an impressive world rank 22 in the U-17 table tennis boys singles category, as per the latest World Table Tennis Ranking

Youth Contender, partnering with Jennifer Varghese across varied international arenas.

Adding to his glory, Sudhanshu also brought home a silver medal in the mixed doubles category at the Perth Youth Contender, partnering with Jennifer Varghese of India.

Their coordination, strategic play, and mutual trust showcased remarkable teamwork.

Sudhanshu's achievements are a matter of immense pride for the school and the nation, reflecting dedication, discipline, and sporting excellence.

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Awards and Accolades of the Students



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

Congratulates!



PARIN OBEROI

of Class XII

for winning

GOLD MEDAL 🏆 in U17

SILVER MEDAL 🥈 in U19

in RC Shuttler Badminton Championship
organised By Bal Mandir School,
Paschim Vihar from
25th and 26th October 2025.

Keep it Up! ★

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2022 - 2025



MANAV STHALI SCHOOL

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Proud Moment!

44th NORTH ZONE SHOOTING CHAMPIONSHIP, RIFLE 2025

held at Trishul Shooting Range, Maharana Pratap Sports College,
Raipur, Dehradun, Uttarakhand from 27th October to 01st November, 2025

MANAV STHALI BOYS WON

KARAN CHAUDHARY of Class XI won
03 MEDALS

- Junior men Individual - Silver Medal 🥈
- Senior Men Individual - Silver Medal 🥈
- Youth men Individual - Bronze Medal 🥉

SHUBHAM RANA of Class XI
Qualified for National Rifle Shooting
Championship 2025 in 50mtr Rifle event.

MANASVI SHARMA of Class IX
Qualified for National Rifle Shooting
Championship 2025 in 10mtr Rifle event.



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INTERNATIONAL ACHIEVEMENT

Manav Sthali School proudly congratulates



VARYA JAIN

of Class VIII

for winning

GOLD MEDAL 🏆 in U13

in World Table Tennis

Cairo (Egypt) from

29th October to 1st November

2025.

Keep it Up! ★★

BRITISH COUNCIL INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

INTERNATIONAL ACHIEVEMENT

Manav Sthali School proudly congratulates

VARYA JAIN

for her Double Crown Victory!



VARYA JAIN

of Class VIII

won

GOLD MEDAL 🏆 in U13

GOLD MEDAL 🏆 in U15

in World Table Tennis

Cairo (Egypt) from

29th October to 1st November

2025.

Keep it Up! ★★

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MANAV STHALI SCHOOL

C.B.S.E and International Primary Curriculum(U.K.)
R-Block, New Rajendra Nagar, New Delhi - 110060



MSS students participated in Columbian fest '25 organised by St Columba's School on 31st October' 25.

Sarvasva Chatterjee (XI-A)

Noisha Mittal (XI-A)

Navya Bhayana (XI-B)

**secured First position
in the event 'Effervescence'.**

**The students created an app on the topic "Semiconductors:
Their Use in Generating Clean Energy and Promoting
Sustainability" and explained and demonstrated its working.**

Congratulations!

Manav Sthali wishes them All the Best for Future Endeavours!



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IN SCHOOLS AWARD
2022 - 2025



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Proud Moment!

**MANAV STHALI SCHOOL U -14 GIRLS BASKETBALL TEAM
wins FIRST POSITION IN 3 ON 3 TOURNAMENT**

SEERAT KAUR, AHANA SETHI, CHAHAT ARORA

**FIRST BASKETBALL
CARNIVAL TOURNAMENT**

**Supported By Decathlon,
Karol Bagh at Ramjas School,
Pusa Road, New Delhi on
2nd November 2025**



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Congratulates!

Manav Sthali Table Tennis
U19 Boys for winning Gold Medal
and U19 Girls for winning Bronze Medal
in Delhi School Games at Thyagraj Stadium
held on 6 & 7 Nov 2025.



BOYS TEAM (U19)



GIRLS TEAM (U19)

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2022 - 2025



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Proud Moment!

Manav Sthali School wins
Second Runner-Up Trophy
with 4 Gold, 1 Silver, and 4 Bronze Medals in
R.G.O.I Delhi State Roller Skating Championships
at Himalaya Public School, Sector -7, Rohini held on 8th November, 2025

FIRST POSITION 300 METER RACE

1.	NIMESH AGGARWAL	8F
2.	VAARTIK ARORA	9B
3.	SIDDHARTHA MITRANI	8A
4.	SHAMBHAVI SINHA	10B

SECOND POSITION 300 METER RACE

1.	NITYA JAIN	8F
----	------------	----

THIRD POSITION 300 METER RACE

1.	BHUVI GUPTA	8B
2.	VEEHA AILAWADI	4A
3.	VEDANT GOYAL	8F
4.	AARUSHI KHANNA	6A

Keep it Up! ★★



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Adhvik Manchanda
of class IX
has secured 3rd position in
District level
Vocal Music Solo Classical Competition
(Category - Senior Boys)
held at
Delhi Kannada Vidhalaya, Lodi Estate
on 4th November 2025.

CONGRATULATIONS!



BRITISH COUNCIL

**INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025**



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

Congratulates



SAYNIKA MAJI

of Class XII

**for winning Bronze Medal
in UN19 Girls Table Tennis
at India Ranking Panchkula
from 9th to 16th November 2025**

Keep it Up! ★★



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Manav Sthali School proudly congratulates
VAANYA AGGARWAL
of Class 3 IPC
for securing 2nd position in the 15th Asian Annual
Painting Competition (Junior Category, 6-8 years)



She received a **₹10,000 cheque**,
certificate, and huge applause amidst 300-400
talented participants. Her passion for drawing truly
shone through!

We congratulate Vaanya on this remarkable achievement
and appreciate her dedication.

BRITISH COUNCIL INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025



MANAV STHALI SCHOOL

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Congratulates

Manav Sthali Hockey Team
for securing 3rd Place in
40th S S MOTA SINGH HOCKEY
TOURNAMENT held from
7th Nov - 15th Nov, 2025.



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Manav Sthali School proudly congratulates

VIVAAN AGGARWAL

of Class X

for securing Consolation Prize of ₹7500/- + ₹2000/-
at the State Level PFC Competition
held on 21st November 2025!



Out of lakhs of participants, Vivaan was selected
among the top 50 students, and secured his place in
top 10 at state level competition!

We congratulate Vivaan on this outstanding
achievement and are proud to have him represent
Manavsthal School.

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2022 - 2025



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Proud Moment!

MSS Students participated in
**PALLATIVE CARE
AWARENESS PROGRAMME**

on
**World Hospice And
Pallative Care Day**
on 11th October 2025
at Sir Ganga Ram Hospital,
New Delhi, Auditorium.

**Congratulations!!
To the Winners...**

**JAGRITI of Class 10-A
won Ashok Chakra Award.**

**ANANYA CHELLARAMANI
of Class IX- B
won 1st Prize in
Creative Writing.**



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Proud Achievement by Manav Sthali School Table Tennis Team!



**Golden Glory for
VANSHIKA MUDGAL**
by winning the
Gold Medal in the U19 Girls
category at the SGFI Games
in Jammu.

The award was presented by the
Hon'ble LG of Jammu & Kashmir,
Shri Manoj Sinha,
in the presence of her proud coach,
Mr. Mohit Vohra.

MSS Table Tennis Boys Team
brought honour by winning the
Silver Medal in the U19 Boys Team
Championship at the National School Games
held in Jammu, representing the Delhi Team.

The talented team includes:

- SUDHANSHU MAINI
- SAMVEDH TELAPROLU
- ARNAV RAWAT



Their outstanding performance reflects dedication, teamwork,
and excellence. 🏆👏🎉

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Manav Sthali Boys Hockey Team
secured 2nd Position, bringing home a
Trophy and Prize Money of ₹3100/-
at the 6th Satguru Jagjit Singh (6A Side)
Tournament held at SBSM School
from 21st to 23rd November 2025.



Keep shining and Keep winning! 🏆👏🎉

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CONGRATULATES

SHAIVI SINGH

of Class VIII

secured First Position in

German Poetry Recitation Competition

held at Mahavir Senior Model School, Ashok Vihar

on 27th November, 2025 under mentorship of

Ms. Neela Mam.



Keep it up! 🍌

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Awards and Accolades of Teachers



MANAV STHALI SCHOOL

R- Block, New Rajendra Nagar, New Delhi

Congratulates

Ms. Megha

(Dance Trainer)

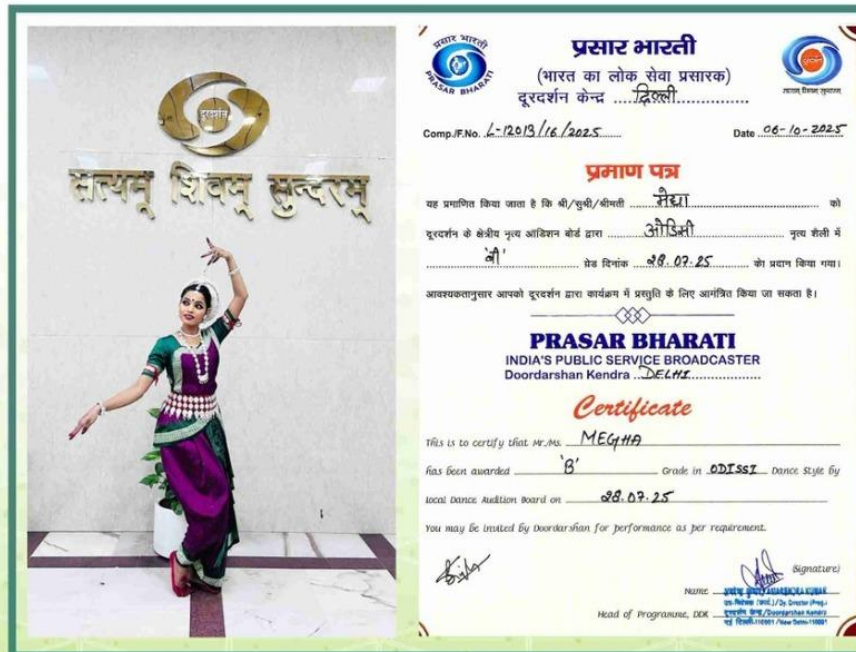
for being officially certified as a

'B' Graded Artist

in **Odissi Dance**

by **Doordarshan,**

India's national public broadcaster



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2022 - 2025

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