



Monthly Flash....!

April' 2025

*"Earth provides enough to satisfy every man's needs,
but not every man's greed." - Mahatma Gandhi*

The month of April began with welcoming students to the new session along with recapitulation activities in all the classes.

Students extended their warm birthday wishes to Respected Director Ma'am Mrs. Mamta V. Bhatnagar with beautiful greeting cards.

Students of Classes 6 and 7 conducted an awareness rally across the school premises, sensitizing their peers about Autism Spectrum Disorder (ASD) and promoting inclusivity, understanding and empathy towards individuals on the spectrum.

Eco Club organised the 'Plantation Drive' to inspire students to actively participate in planting and nurturing new green life. Encouraged by the importance of environmental stewardship, students eagerly embraced the opportunity to sow the seeds of a greener future, one plant at a time.

As responsible Global Citizens, the students of MSS extended heartfelt support to the people of Myanmar. Demonstrating compassion and unity, the students and staff enthusiastically participated in a donation drive to aid those in need. The collected relief materials were donated to the Embassy of Myanmar on 4th April' 2025. In recognition of this effort, MSS was honoured at a special Donation Ceremony held on 7th April, 2025, graciously hosted by the Embassy. The event was graced by esteemed dignitaries, including Ven. A.B. Gyaneshwar and H.E. Zaw Oo, marking a memorable moment of international goodwill and humanitarian outreach."

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Manav KALAKRITI-An Interschool Painting and Clay Modelling Competition was organised to foster creativity and artistic skills among the students. Participants showcased their talents in various art forms, highlighting the vibrant and diverse expressions of young artists.

Earth Day Programme was organised in the school auditorium to raise awareness about environmental conservation. Students participated in various activities, including presentations and performances, to promote sustainable practices and celebrate our planet.

Various workshops on career counselling were conducted for Class XI students. These sessions aimed to guide the students in exploring different career paths and making informed decisions about their futures.

To nurture curiosity and provide experiential learning opportunities, a series of educational visits were organized for the students. These included enriching trips to the National Doll Museum, the National Craft Museum, and the National Science Museum, each offering unique insights into culture, creativity and scientific exploration."

Storytelling sessions were organised for Primary and IPC students, engaging young minds with captivating tales and interactive storytelling techniques.

Mindful Monday activities were organised across all classes to begin the week on a creative and enthusiastic note. These sessions aimed to inspire creativity, enhance mindfulness and boost students' enthusiasm for learning.

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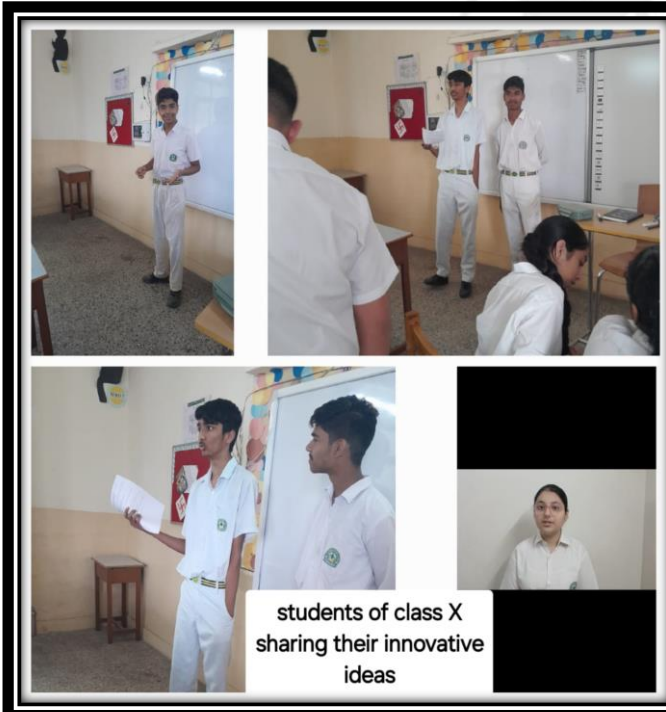
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Classroom Activity



Welcoming our little superheroes with a grand red-carpet entry



Sharing Innovative ideas



Newspaper Craft

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Children singing and synchronizing together to karaoke song - as a part of brainwave activity



Fun Filled Activities



"We Promise to Be Our Best!"



Activity - My Emotions Wheel

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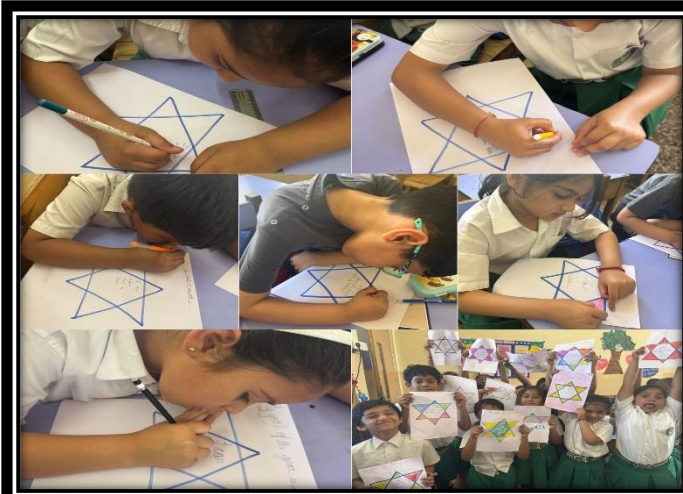
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"Reaching for the Stars – My Goal of the Year!"



Children explored Brainwave by creating brain models, emotion wheels, and brain hats.



French Activity



Respected Director Ma'am's Birthday Activity



Bouquet making activity



Creative Ink Blot Designs

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IMO Certificates Distribution



World Health Day



Flameless cooking



Maths Magic



Board Games Activity



Crown making activity

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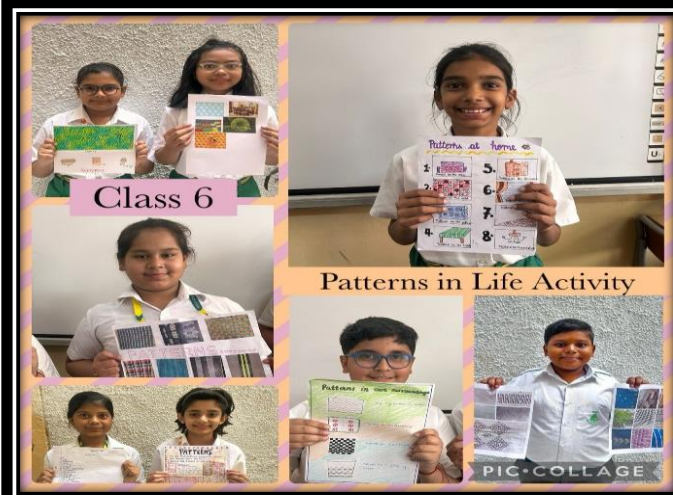
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Expressing Gratitude



Acknowledging all emotions



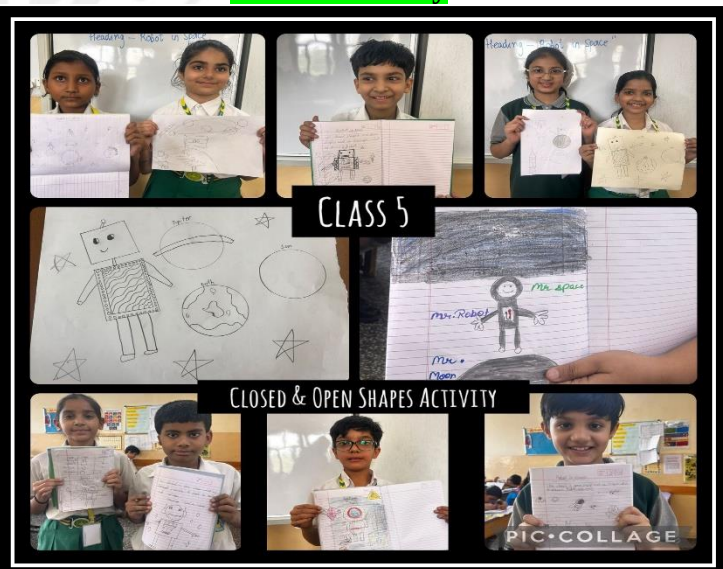
Patterns in Life



Science Activity



Life Map Activity



Maths Activity

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To celebrate the spirit of World Art Day, the birthday of Leonardo da Vinci- our little artists flaunting their creative skills



Autism Awareness Activity



Manav Kalakriti Activity

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Expressing Emotions with Emoji Craft



Silence observed to pay tribute to the victims of terrorist attack at PAHALGAM



Freeze it Activity



Road Safety Activity



Surface Tension Activity



My Humanity Badge

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छात्रों को हिंदी अभिवादन शब्दों को गतिविधि द्वारा परिचित करवाया गया।



Walking Water' Science Experiment



Know Your Waste – Dry and Wet Waste



Face making Fun Activity



IPC Classes watching Tare Zameen Par-
As a mark of Autism Awareness



Monday activity- Matching Reactants and Products

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Students playing stimulating game



Realistic Miniature of Vegetable using clay



Family Tree



Science Goals Blindfold Challenge



नारा लेखन गतिविधि।



Science Fiesta-Bubble Volcano Eruption

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Understanding of World Vision



Noun House



Knowledge harvest - human body



K.Y.S of Body Parts



Water Density Experiment



Water Drop and Ways to Save Water

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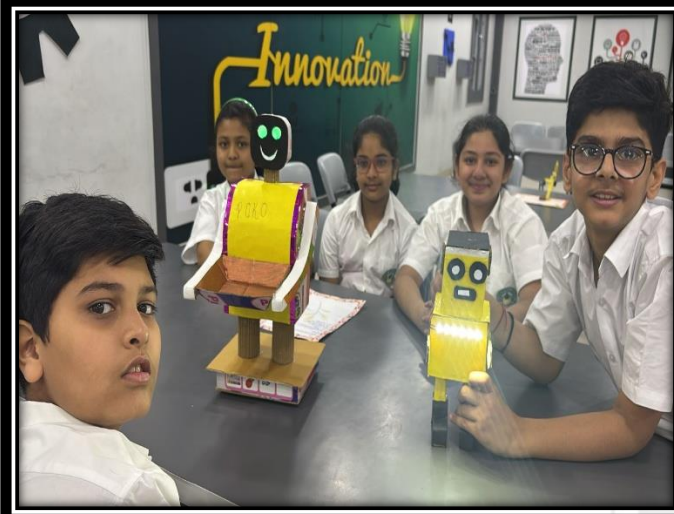
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Outside the Classroom Activity



Students displaying working models of Robot



Thank You card activity under Manavta Project



Students explored photo editing using the Photos app



School Visit of New Students



Storytelling and Book reading session for NCF and IPC students by Ms Akanksha



Road Safety Activity

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AUTISM AWARENESS MONTH RALLY APRIL 2025- Students of classes VI and VII form conducted a rally in the entire school, spreading awareness about autism spectrum disorder.

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Earth Day Activity



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Respected Director Ma'am's Birthday Celebrations



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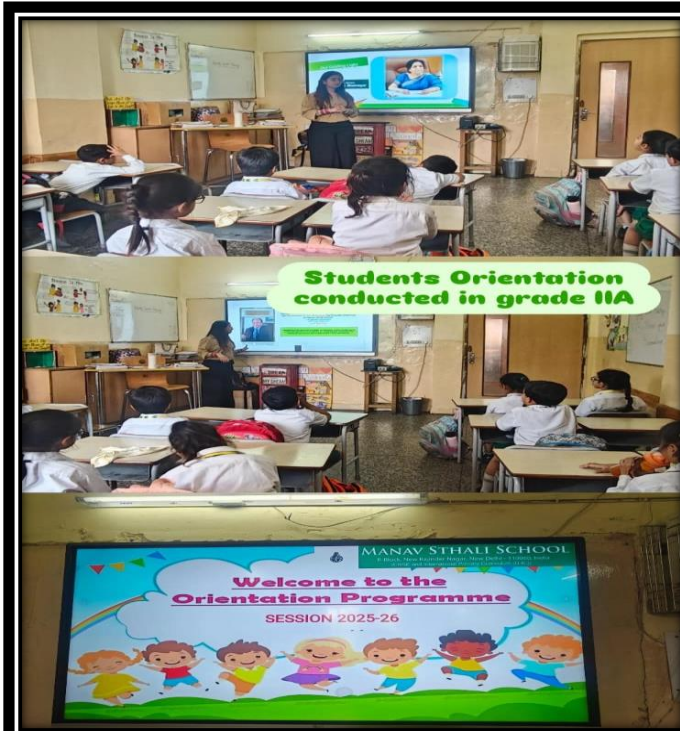
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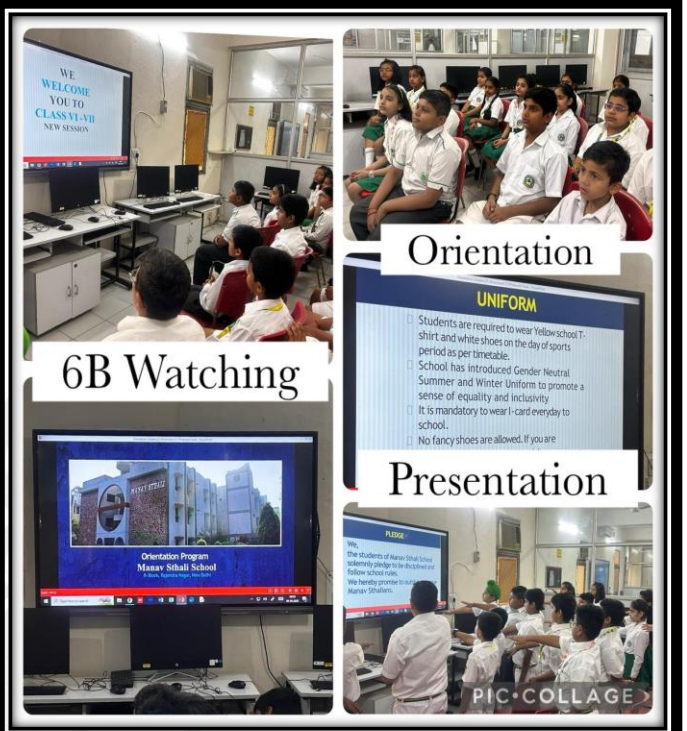
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Orientation of Students and Parents



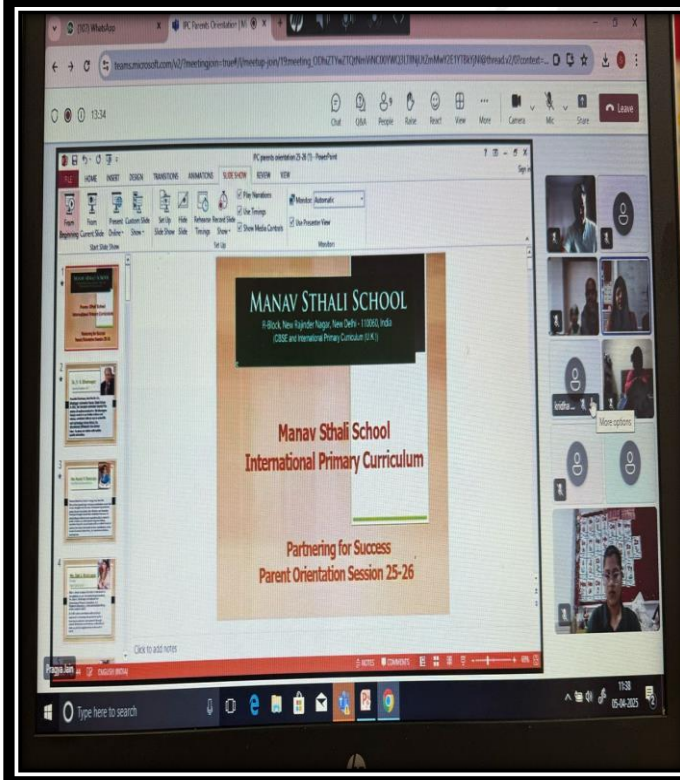
Students Orientation conducted in grade IIA



Orientation

6B Watching

Presentation



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Bagless Days



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Visits and Competitions



Aparna Singh excels at ICAR-IARI Literary Competition, winning 1st prize in the Quiz and 3rd prize in Painting, on issues related to Agriculture, Climate Change, Nutrition and Sustainability. Received awards on ICAR-IARI's Foundation Day.



Visit to Science Museum

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Visit to Dolls Museum



Visit to National Crafts Museum

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Regional Brainbee-2025- Neuroscience quiz competition organized at DPS-Vasant Kunj.by Medical professionals on 13th April 2025.



MSS performs its duty as a global member of earth, extends support to Myanmar. Our students and staff actively took part in a donation drive to help those in need in Myanmar. Relief material was sent to the Embassy on 4th April 2025, and on 7th April, we were honored at a special Donation Ceremony hosted by the Embassy of Myanmar, attended by dignitaries like Ven. A.B. Gyaneshwar & H.E. Zaw Oo.

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Seminars and Workshops



AI WORKSHOP



Fashion Studies and Tourism Career Counselling Workshop

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INTACH Teachers' Training Workshop



Go Sharpener Staff Orientation Session



Seminar on Autism Spectrum Disorder - Laws and Practices for Disability inclusion in Schools (Day -2) at Amity University, Noida

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Press Coverages



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PRESS COVERAGE



दैनिक जागरण

Tuesday, 8th April, 2025

बच्चे बिस्किट व चिप्स से रहें दूर, मोबाइल देखते खाने की आदत न डालें



जागरण संवाददाता, नई दिल्ली : बच्चों को बिस्किट और चिप्स से दूर रखना होगा। सुबह लंच बास् में उन्हें पोषक तत्वों से भरपूर भोजन देना होगा। जल्दी बनाने वाली वस्तुओं की आदत माँ को बदलनी होगी। ऐसा भोजन तैयार करें जो स्वस्थ के साथ पोषक भी हो। बच्चों को खाना खिलाते वक़्त मोबाइल और टीवी से दूर रखना होगा। बच्चे का ध्यान दूसरी गतिविधियों में लगाने की जरूरत है। दैनिक जागरण की ओर से न्यू राजेंद्र नगर स्थित मानव स्थली पब्लिक स्कूल में विषय स्वास्थ्य दिवस पर आयोजित स्वास्थ्य जागरूकता कार्यशाला में यह जानकारी न्यूट्रिशनस्ट डा. दीपिका भाटिया और साइकोलाजिस्ट डा. सिमरत कौर ने दी। कार्यक्रम में



राजेंद्र नगर स्थित मानव स्थली स्कूल में दैनिक जागरण द्वारा आयोजित स्वास्थ्य मन स्वास्थ्य वक़्त कार्यक्रम में स्वागत पुष्पेंती अभिभावक • जगदश

पहली से पाँचवीं के अभिभावक व विद्यार्थी उपस्थित थे। इस दौरान अभिभावकों ने विशेषज्ञों से सवाल भी पूछे। बच्चों की इंटरनेट गतिविधियों पर जवाब दिये। बच्चों के स्वास्थ्य को ध्यान में रखते हुए उन्हें खाने की आदतें बनानी चाहिए। उनके व्यवहार में परिवर्तन दिखे तो तुरंत उनसे बात करें, उन्हें सुनें व उनकी समस्याओं का समाधान करें। स्कूल पर समय ज्यादा बिताने से बच्चों में तनाव, अवसाद व चिंता की समस्या बढ़ी है। वे समाज से कटे-कटे रहते हैं और आनलाइन दुनिया में घेरा दूँछे हैं। उनका स्कूल का समय कम कर दें। आप उनका स्कूल समय कम करने के लिए फोन पर समय सेट कर सकते हैं कि दिन भर में दो घंटे से ज्यादा इस्तेमाल हो तो वह लॉक हो जाए। हमें भी फोन का इस्तेमाल कम करना सीखना होगा।

कोरोना के बाद बच्चों का स्क्रीन समय बढ़ा : डा. सिमरत कौर

डा. सिमरत ने बच्चों के जीवन में मोबाइल फोन का असरकारक उपयोग दिखाने पर चर्चा करते हुए कहा कि कोरोना के बाद बच्चों का स्क्रीन समय बढ़ गया है। बच्चे अब अपनी कक्षाओं की समस्या इंटरनेट पर ढूँढने की लिए मोबाइल फोन का अधिक इस्तेमाल करने लगे हैं। वे अपनी खोजों की कक्षा का उपयोग ही नहीं कर रहे हैं। छह वर्ष से कम उम्र के बच्चे का दिमाग इतना तेज होता है कि वह से अधिक भ्रमा प्रद, लिखने व बोलने के लिए सीख सकता है। अभिभावक के तौर पर



डा. सिमरत कौर • जगदश

हम भी उनके सवालों या समस्याओं पर विचार मंचन करने की जगह इंटरनेट पर उतर दूँछे हैं। अभिभावकों ने एक शिक्षण आग है कि मेरा बच्चा टीवी या मोबाइल फोन देखे बिना खाना नहीं खाता है। फोन छीन ली तो रोने लगता है, लेकिन उनकी ये आदत दी किसने? अभिभावक के तौर पर हमारी जिम्मेदारी है कि हम उन्हें खाना खाते समय फोन या टीवी न चलाने दें, लेकिन हमने ध्यान नहीं दिया। पहले खाने समय टीवी व मोबाइल दूर रखें। आठ वर्ष तक की उम्र के बच्चों के अंदर देख कर सीखने की आदत होती है। अगर हम रात में सोने से पहले पांच मिनिट फोन देखकर सोने की आदत डालेंगे तो बच्चा भी यही सीखेगा।

हम बच्चे के खानपान पर नहीं देते विशेष ध्यान

न्यूट्रिशनस्ट डा. दीपिका भाटिया ने कहा कि बच्चा जब नौ माह गर्भ में रहता है तो हम उसकी बड़ी देखभाल करते हैं, लेकिन जब वह पैदा हो जाता है तो धीरे-धीरे हम ही



दीपिका भाटिया • जगदश

उन्हें डाइलेट, टापी या अन्य नुकसानदेह चीजें खिलाते हैं। उनके खानपान पर उनका विशेष ध्यान नहीं देते। आज 12 वर्ष का बच्चा भी मुश्किल का शिकार है, क्योंकि उनके अभिभावक ने बच्चे के खानपान पर ध्यान नहीं दिया। उनकी बिस्किट व चिप्स लाकर दे दिए पर हाजिर नहीं चीज है? आप बच्चे को खाने के लिए ऐसी चीजें लाएं, जो उनके स्वास्थ्य को लाभ दें।



दीपिका भाटिया, स्वागतार्थी, मानव स्थली पब्लिक स्कूल

दैनिक जागरण इस तरह के कार्यक्रम से समाज को जागरूक करने का कार्य कर रहा है। बच्चों के स्वास्थ्य और उनकी भलाई के लिए इस तरह की कार्यशाला का आयोजन किया जाना जरूरी है।

— दीपिका भाटिया, स्वागतार्थी, मानव स्थली पब्लिक स्कूल



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BRITISH COUNCIL INTERNATIONAL DIMENSION IN SCHOOLS AWARD 2022 - 2025



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

PRESS COVERAGE



दैनिक जागरण

Sunday, 13th April, 2025

सुधांशु ने वर्ल्ड टीटी यूथ टूर्नामेंट में जीता गोल्ड



सुधांशु मैनी •

जागरण संवाददाता, नई दिल्ली: दिल्ली के सुधांशु मैनी ने इक्वाडोर के कुएंका में 1 से 4 अप्रैल के बीच आयोजित वर्ल्ड टेबल टेनिस यूथ कंटेंडर टूर्नामेंट के अंडर-17 पुरुष वर्ग के फाइनल में मेजबान देश के बोरिस

विलाविसेन को 3-2 से हराकर स्वर्ण पदक जीता है। इस अंतरराष्ट्रीय रैंकिंग टूर्नामेंट में ब्राजील, पेरू, इक्वाडोर, भारत, चिली और कोलंबिया सहित कई देशों के खिलाड़ियों ने भाग लिया था। सुधांशु विश्व रैंकिंग में टाप 50 में

शामिल हैं और भारत के शीर्ष पांच खिलाड़ियों में से एक है। उन्होंने पिछले महीने बर्लिन और चेक गणराज्य में आयोजित वर्ल्ड टेबल टेनिस प्रतियोगिताओं में भारत का प्रतिनिधित्व किया था और वहां भी देश को गौरव

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PRESS COVERAGE



HINDUSTAN TIMES (Main Paper)

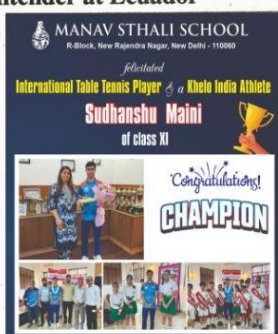
Saturday, 19th April, 2025

**International Table Tennis player Sudhanshu Maini,
XI Wins Gold Medal**

in WTT Youth Contender at Ecuador

Manav Sthali School, R-Block, New Rajendra Nagar,

felicitated International Table Tennis player & a Khelo India athlete Sudhanshu Maini of class XI for winning Gold Medal in WTT Youth Contender U -17 boys Title held at Ecuador, South America. Mamta V. Bhatnagar, Director & Founder Principal, Manav Sthali School firmly believes that sports play a very significant role in the overall development of a child along with excellence in academics. Dipti A Bhatnagar, Principal Manav Sthali School honoured Sudhanshu for his exceptional accomplishments which has made his parents, his alma mater & the country proud. Sudhanshu was given warm welcome by the young players of the school glorifying his achievements & accomplishments. Sudhanshu, with his whole hearted dedication has added many accolades to his name including this exemplary achievement. Sudhanshu Maini Gold Medal at WTT youth Contender Cuenca (Ecuador) in U 17 Boys category. The tournament is organized by WTT (world Table Tennis). Participants from various countries like Brazil, Peru, Ecuador, India, Chile, Colombia took part in this international world Ranking Tournament. Sudhanshu Maini is a top 50 world Ranked & amongst India top 5 player represented India Recently at Berlin & Czech republic WTT tournaments last month & has brought laurels to the country before as well. As per Sudhanshu, the playing conditions were very tough here at Cuenca being at high altitude of over 7500 ft. It's was very difficult to adjust yourself in this atmosphere, especially against local National players of Ecuador who were used to the climatic conditions. The semifinals & final match was a very close affair winning 3-2 to secure a Gold Medal.



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MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

PRESS COVERAGE



THE TIMES OF INDIA

Thursday, 24th April, 2025

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SCHOOL SCOOP

5

THURSDAY, APRIL 24, 2025

School evokes emotional green pledge on 'Earth Day'

A vibrant celebration marking Earth Day and the third edition of the annual inter-school painting and clay modelling competition titled 'Manav Kalakriti' was organised at Manav Sthali School, New Rajendra Nagar. The dual event, held under the guidance of founder principal and director Mamta V Bhatnagar, was a spirited blend of creativity and consciousness, reinforcing the school's commitment to nurturing both environmental responsibility and artistic expression in its students.

Green initiatives for school students

To mark Earth Day meaningfully, the school held a series of impactful green initiatives where students participated in sapling distribution drives in the school and the surrounding neighbourhood, promoting the importance of effort and conservation. A plantation drive was conducted within



the school premises to strengthen the message of nurturing green spaces. A unique medicinal garden competition was held, where students creatively designed miniature medicinal gardens using a variety of healing plants. Classroom activities

were also organised including a poster making and a 'best out of waste' activity. An inter-school 'On-the-Spot' painting and clay modelling competition also took place that gave a great platform to young budding artists from various schools to showcase their talent and enhance their creativity.

Healing for earth

Manav Kalakriti was conceptualised by school principal Dipti A Bhatnagar. Around 50 schools of Delhi NCR and approx 360 students participated in the painting competition, which was divided into three categories - junior, middle, and senior. Topics were given on the spot to inspire spontaneous creativity. Certificates of excellence and medals were awarded to the prize winners, while special mentions and certificates of participation were given to all participants. The competition was judged by a panel headed by Anandhya, a renowned

art educator and critic. She was joined by Karamveer and Arbaaj Khan, alumni of College of Art, Delhi. A cultural programme was also held that showcased a soulful rendition of Guru Vandana by Rithvika of class XI. A powerful Earth Day presentation on the theme 'Our Power, Our Planet' brought attention to the importance of global climate action and sustainable living. The school choir group then presented a melodious performance on 'Apni Maati' followed by a poem recital titled 'Heal the Earth' by Ridhima Bajaj that was a heartfelt plea for environmental healing, and a piano recital by Aaron of class XII. The event then moved to the solemn Green Pledge, where students and faculty vowed to protect and nurture the environment. The message of Earth preservation was further echoed in the dance presentation 'Save Earth' - which brought the theme to life through rhythm and movement.



BRITISH COUNCIL INTERNATIONAL DIMENSION IN SCHOOLS AWARD 2022-2025



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

PRESS COVERAGE



THE TIMES OF INDIA

Monday, 28th April, 2025

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SCHOOL SCOOP

Felicitation for international teen table tennis star

Sudhanshu Maini, a student of class XI and international Table Tennis player from Manav Sthali School, R-Block, Rajendra Nagar, was recently felicitated for winning a

gold medal in WTT Youth Contender America. School director and founder Mamta V Bhatnagar along with principal Dipti A Bhatnagar honoured Sud-

hanshu for his exceptional accomplishments. Sudhanshu was given a warm welcome by the young players of the school. The tournament, which he won the gold, was organised by WTT (world Table Tennis) and participants from various countries like Brazil, Peru, Ecuador, India, Chile, Colombia took part in this international world ranking tournament. Sudhanshu is a top 50 world ranked and among India's top five players. "The playing conditions were very tough here at Cuenca being at high altitude of 7500 ft +. But I played with a positive spirit and practiced 2 to 3 sessions every day before and after the match to quickly adjust & was ready to face the challenge from all participants," says Sudhanshu. The semifinals and final match were a tight contest but Sudhanshu managed to secure a gold medal despite the tough competition.



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INTERNATIONAL DIMENSION IN SCHOOLS AWARD 2022 - 2025



MANAV STHALI SCHOOL

R Block, New Rajendra Nagar, New Delhi – 110060

Awards and Accolades of the Students



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060

PROUD OF

SUDHANSHU MAINI OF CLASS XI

FOR WINNING

GOLD MEDAL 

IN THE WTT YOUTH CONTENDER U-17 BOYS TITLE

HELD AT ECUADOR, SOUTH AMERICA

ON 3rd APRIL, 2025



British Council | INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025

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 **BRITISH COUNCIL** | INTERNATIONAL DIMENSION
IN SCHOOLS AWARD
2022 - 2025



MANAV STHALI SCHOOL

R Block, New Rajendra Nagar, New Delhi – 110060



MANAV STHALI SCHOOL

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We are proud of MSS Girls 🏆🏆🏆

VANSHIKA MUDGAL of Class XII won Gold Medal and Silver Medal
in un19 and Women's Category.

DHAANI JAIN of Class X won one Gold Medal
in un 17 and Won Bronze Medal in un19 Girls
in All India Shreeram Table Tennis Tournament at Gurgaon
from 4th to 8th April 2025.



RIDDHI VERMA OF CLASS XI

participated in the
5th Abhinav Shooting Championship 2025
held at Abhinav Shooting Sports
Academy in Bahadurgarh, Haryana,
from March 27th to 31st, 2025.

She clinched a Bronze medal in the 10-
meter Air Pistol Youth Women's Individual
event and a silver medal in the 10-meter Air
Pistol Youth Women's Team event.



Congratulations!



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We are proud of
Shiney Sharma of Class XI



She performed at the annual event of Rudraksh Trust, **'KATHA YATRA'**, and was felicitated by the Honourable Chief Guest, Shri Jagdeep Singh Bedi, a renowned Sitar player.

She also received the **BALDEV RAJ SMRITI SAMMAN** for her outstanding contribution to the field of Kathak.



Congratulations!

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IN SCHOOLS AWARD
2022 - 2025



MANAV STHALI SCHOOL

R Block, New Rajendra Nagar, New Delhi – 110060

Awards and Accolades of Principal



MANAV STHALI SCHOOL

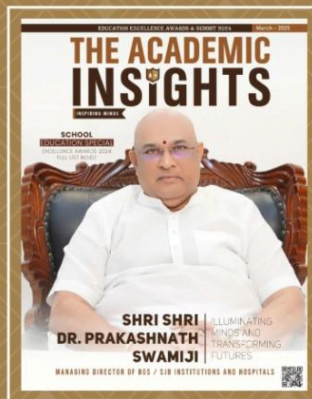
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Proud moment for Manav Sthali Family

Ms Dipti A Bhatnagar
Principal, Manav Sthali School



have being featured in
'The Academic Insights'
Magazine
(School Education Special)



Congratulations Ma'am!



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2022 - 2025