



MANAV STHALI SCHOOL

R-Block, New Rajendra Nagar, New Delhi - 110060
C.B.S.E and International Primary Curriculum (U.K.)

Dear Parents,

This is with regard to spread of Noval Coronavirus. We are sharing these precautionary measures with you. We are training and educating the students at school for the same and you are also requested to train your ward accordingly.

ADVISORY FOR NOVAL CORONAVIRUS

1. Wash your hands frequently with water & liquid soap.
2. Wash your hands before & after having meals.
3. Wash your hands after using washroom.
4. In case water & soap is not available then please use hand sanitizer.
5. Cover nose & mouth with disposable tissue while coughing or sneezing.
6. Maintain personal hygiene. Avoid touching eyes, nose and mouth.
7. Kindly send hand sanitizer with your ward in the school.
8. Avoid crowded/ public places.
9. Stay more than one arm length distance from person sick with flu.
10. Take adequate sleep and rest.
7. Try to increase body immunity by taking Vitamin C.
8. Try to eat home cooked food, drink plenty of water/liquids.
9. Take healthy diet.
10. Avoid frozen meat.
11. If your child has fever, severe cold & cough or any other symptom then seek medical help and don't send your child to school till the time he/she is fit to attend the school. Even if any other member of the family has such symptoms, then also please don't send your ward to the school and inform the school.

Please be assured that the school is taking all necessary precaution for safety of children in this regard.

Principal